



# PARENT MEETING

**Sunday April 18th  
7 pm at FoF**

**Students, bring your parents to an informational meeting about summer events and more!**





# **Boulder Staff Introduction**

**Gwen Johnson**  
**Michelle Merwin**  
**Jessica Brown**  
**Audrey Coyne**  
**Emily Lancaster**

**Tim Johnson**  
**Geoff Thiesse**  
**Matt Brown**  
**Tyler Coyne**  
**Alec Lancaster**  
**Kai Youngsteadt**  
**Mike Mckay**  
**Garrett Floden**





## **WHERE DO I GET BOULDER INFORMATION?**

**-[fellowshipoffaith.org/boulder](https://fellowshipoffaith.org/boulder)**

**-[facebook.com/boulderstumin](https://facebook.com/boulderstumin)**

**-instagram (Boulderstumin)**

**-Remind notifications**

**(TEXT @FOFSTUMIN to 81010 )**





# **Boulder Summer Schedule**

- Sunday Evenings 5 pm-8:15 pm**
- (Mostly) Outside Theme Weeks with dinner**
- Meal Sign Up coming soon!**





# Boulder Summer

---

JUNE 12TH-19TH – MISSION TRIP

JUNE 20TH – NO BOULDER (FATHER'S DAY)

JUNE 27TH – CHALK/CAMPFIRE/OUTDOOR GAMES

JULY 4TH – NO BOULDER (INDEPENDENCE DAY)

JULY 11TH – CAMPFIRE/OUTDOOR GAMES

JULY 18TH – OBSTACLE COURSE NIGHT

JULY 25TH – VIDEO GAME NIGHT

AUGUST 1ST – NIGHT OF WORSHIP

AUGUST 8TH – NERF WAR

AUGUST 15TH – LAKE/POOL DAY

AUGUST 22ND – CAMPFIRE/OUTDOOR GAMES

AUGUST 29TH – PARENT MEETING





# Boulder Mission Trip 2021

  
• BOULDER STUDENT MINISTRY •  
*MISSION TRIP*  
SATURDAY JUNE 12TH - SATURDAY JUNE 19TH  
EAST SAINT LOUIS - ILLINOIS  
HIGH SCHOOL STUDENTS







# National Youth Gathering 2022





## **Who can come?**

**-Must be 14 years old at the time of the gathering or entering 9th grade.**

## **What will it cost?**

**(ESTIMATES!)**

**Gathering Registration \$400**

**Hotel \$265**

**Travel \$350**

**Food \$300**

---

**Total \$1,315 per student**

**Monthly payment schedule will be arranged starting in September 2021.**





# Mental Health





# Mental Health

**-One in five 13-18 year olds have or will have a serious mental illness.**

**-50% of all lifetime cases of mental illness begin by age 14.**

**-The average delay between onset of symptoms and intervention is 8-10 years.**

**-20% of youth 13-18 years old live with a mental health condition.**



# **Warning Signs**

- Feeling very sad or withdrawn for more than 2 weeks.**
- Trying to harm or kill oneself or making plans to.**
- Out-of-control, risk-taking behaviors**
- Sudden overwhelming fear for no reason**
- Not eating, throwing up, or using laxatives to lose weight.**
- Severe mood swings that cause problems in relationships.**
- Repeated use of drugs or alcohol.**
- Drastic changes in behavior, personality, or sleeping habits.**
- Extreme difficulty in concentrating or staying still.**
- Intense worries or fears that get in the way of daily activities.**





# **Mentorship Program**

**Discipleship, Relationship, Growth**

**-Open to High School students**

**-Meets on Sunday evenings**

**-Has a group text**

**-The "Be With" model**





# Boulder Store



Adult T-Shirt with Boulder Logo

\$15.00



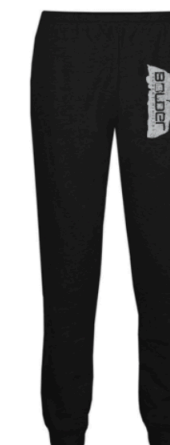
Youth T-Shirt with Boulder Logo

\$15.00



Adult Hooded Sweatshirt with Boulder Logo

\$25.00







**Questions?**